

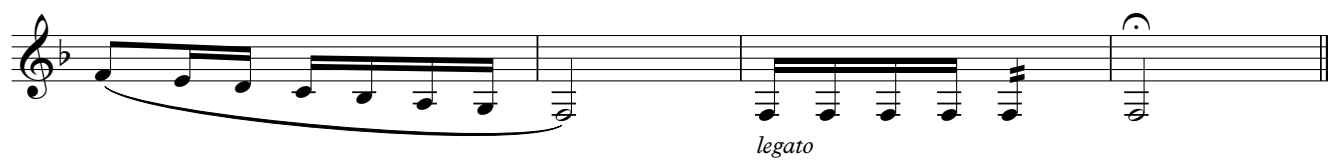
A Routine for Practice

Lesson 1

JC Heisler



Set Two



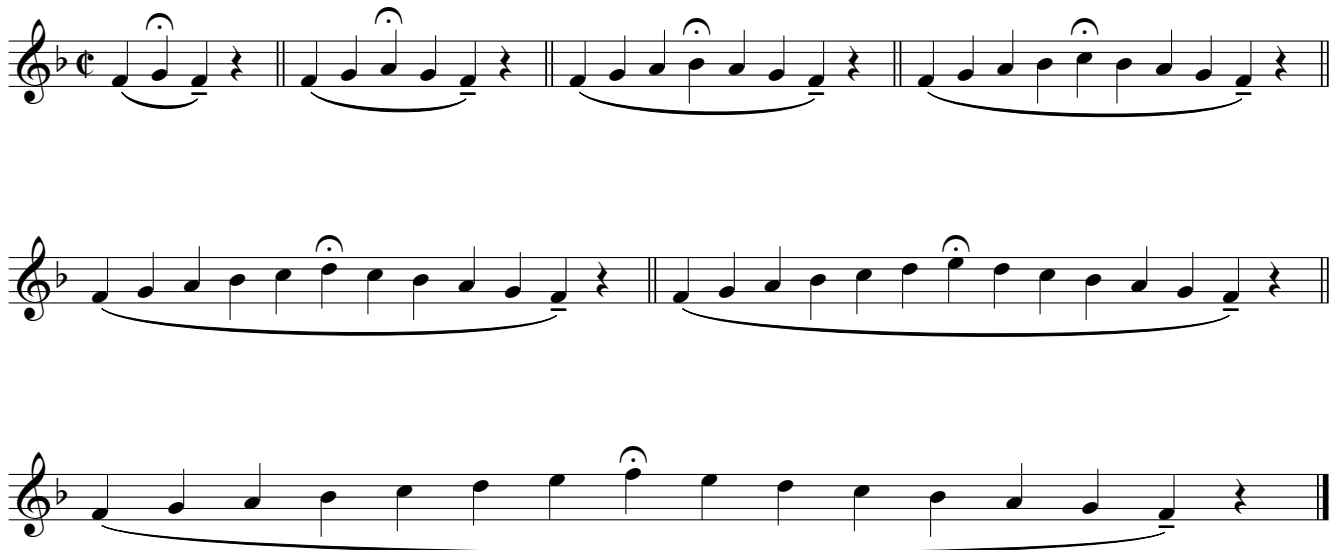
Set Three



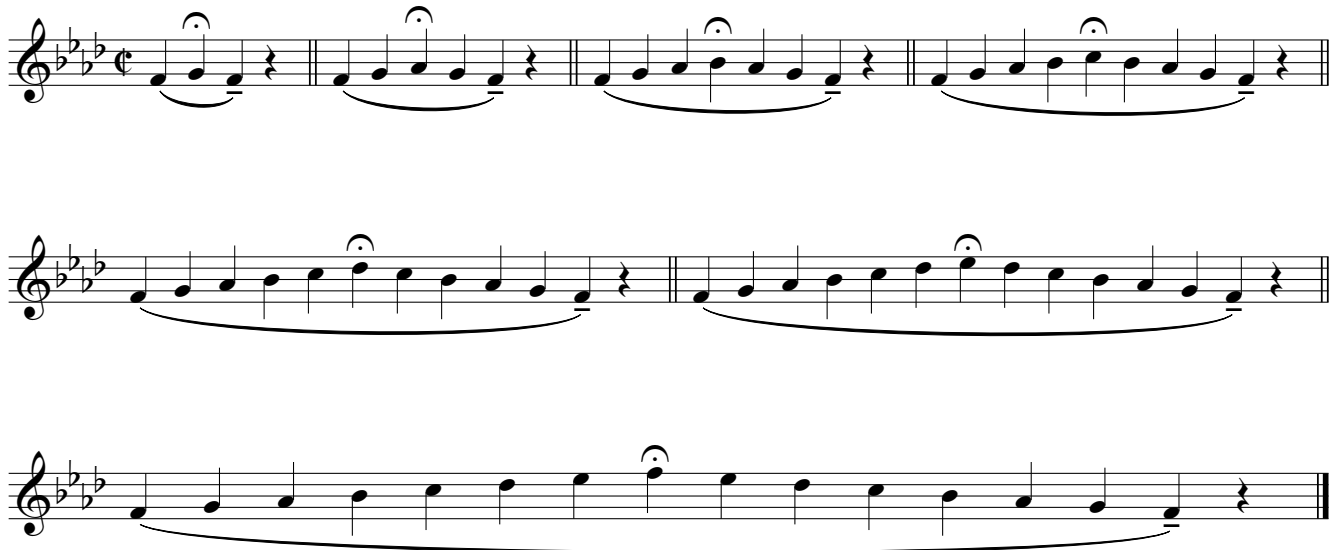
Lesson 2

Diatonic Tonalities

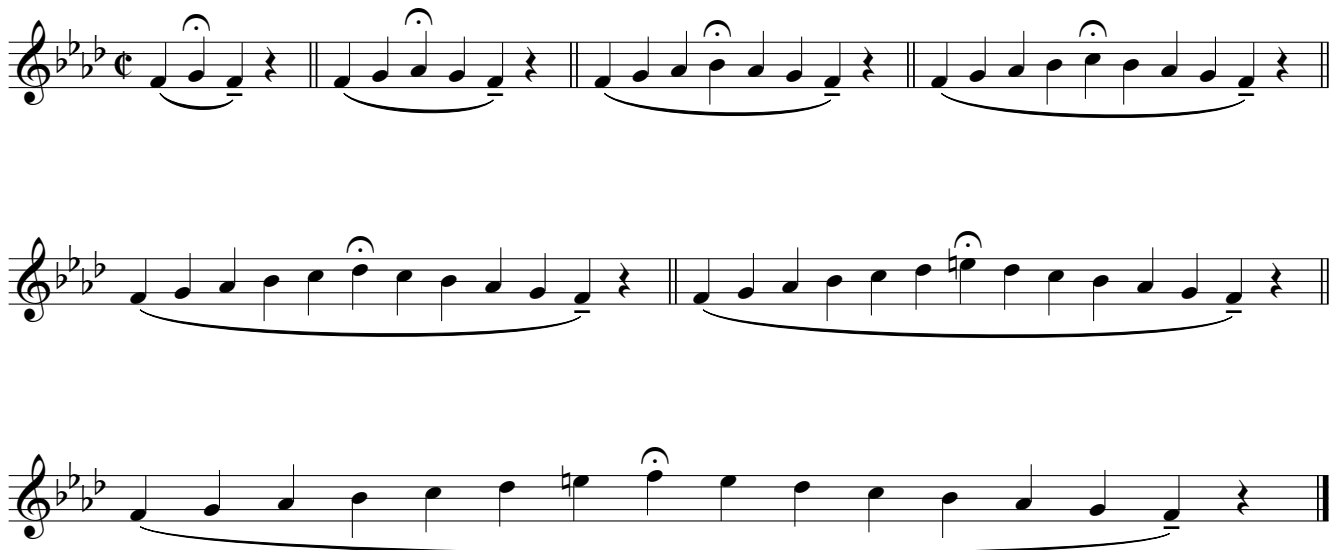
① Major



② Natural Minor



③ Harmonic Minor



④ Melodic Minor



...continue in every Mode

Lesson 3

① Chromatic



Chromatic scale exercise in B-flat major, ascending and descending. The exercise is written on a single staff in treble clef with a key signature of one flat (B-flat) and a common time signature (C). The ascending scale consists of 12 notes: B-flat, C, C-sharp, D, D-flat, E, E-flat, F, F-sharp, G, G-flat, and A. The descending scale consists of 12 notes: A, G-flat, F-sharp, E-flat, D-sharp, C-flat, B, A-flat, G, F-sharp, E-flat, and D. The exercise is divided into two parts: the first part covers the first six notes (B-flat to F-sharp) and the second part covers the last six notes (G-flat to D). Each part is repeated twice, with a double bar line separating the two repetitions. The notes are connected by a slur, and a fermata is placed over the final note of each repetition.

② Whole Tone

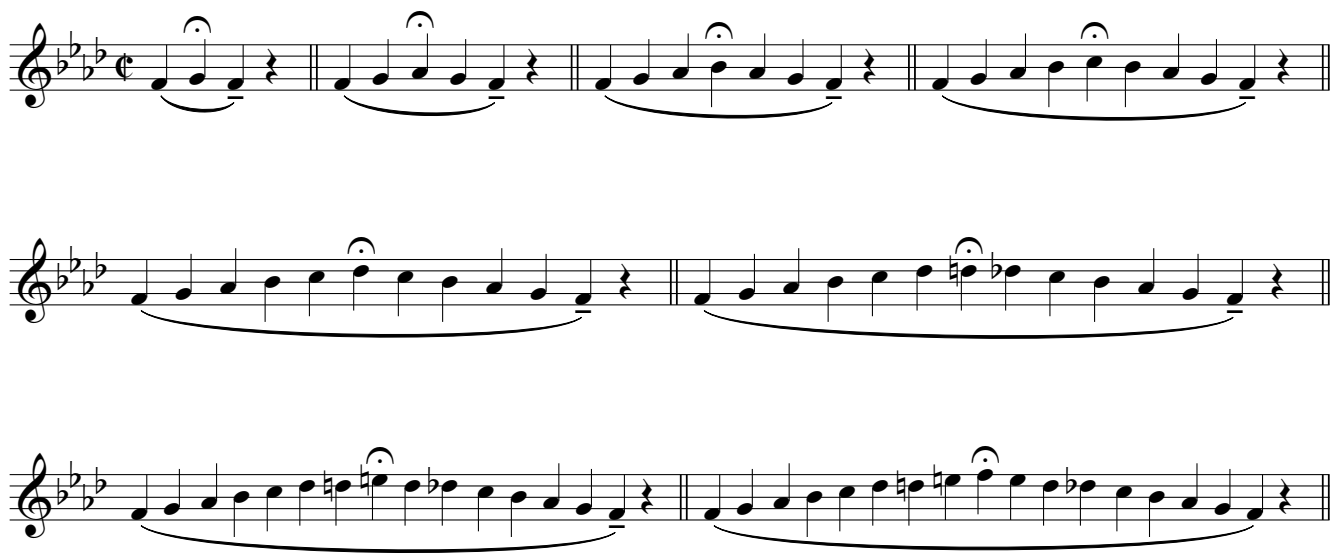


Whole tone scale exercise in B-flat major, ascending and descending. The exercise is written on a single staff in treble clef with a key signature of one flat (B-flat) and a common time signature (C). The ascending scale consists of 6 notes: B-flat, C, D, E-flat, F, and G. The descending scale consists of 6 notes: G, F, E-flat, D, C, and B-flat. The exercise is divided into two parts: the first part covers the first three notes (B-flat to F) and the second part covers the last three notes (G to B-flat). Each part is repeated twice, with a double bar line separating the two repetitions. The notes are connected by a slur, and a fermata is placed over the final note of each repetition.

③ Major 6 Diminished Scale



④ Minor 6 Diminished Scale



⑤ Dominant 7 Diminished Scale



⑥ Dominant 7(b5) Diminished Scale



⑦ Dominant 7 Double Diminished Octotonic



Lesson 4

Chord Qualities

①

Major 3rd Major Triad Major 7

Major Arpeggio Major 6 Sus. 4

②

Minor 3rd Minor Triad Minor Major 7

Minor Arpeggio Minor 6 Minor b6 Minor 7

③

Major b6 Dominant 7 Dominant 7 (b5) Major 7 (b5)

④

⑤

Major Augmented Major 6 (#5) Dominant 7 (#5) Major 7 (#5) Aug. Arpeggio

⑥

Minor Diminished Fully Diminished 7

Diminished (b6)
(Db Dominant 7) Half Diminished
(Minor 7 b5) Diminished Arpeggio

Lesson 5
Cadences

①

②

③

④

⑤

⑥

⑦

⑧

⑨

LESSON 6

Select Melodies for All Keys

① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ ⑬ ⑭ ⑮ ⑯